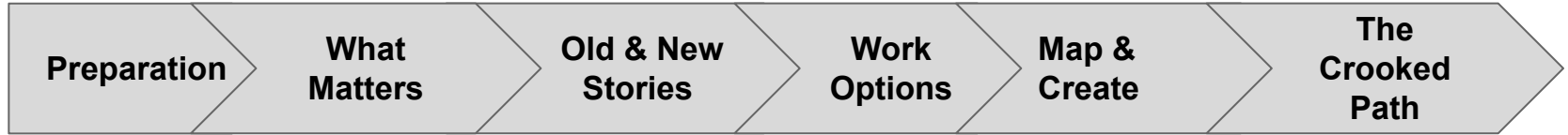


# Career Crossroads Journey



	Stage 0	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5
	<b>Preparation</b>	<b>What Matters</b>	<b>Old &amp; New Stories</b>	<b>Work Options</b>	<b>Map &amp; Create</b>	<b>The Crooked Path</b>
	<b>1 week</b>	<b>1 week</b>	<b>2 weeks</b>	<b>2 weeks</b>	<b>2 weeks</b>	<b>3 months</b>
<b>Activity</b>	Review Programme Outline, Themes & Benefits. Self-assessment Coaching session	Find your Why Define “Better” What’s the Challenge? Life Orientation Coaching session	Ask others Re-define “Self” Identify limitations See what your dreams require 2 x Coaching session	Identify & assess work options Update / tailor what it takes Coaching session	Establish broad exploration path Design work experiments / stepping stones Design self experiments and thought practice Coaching session	Explore. Connect. Learn. Adjust. Use persistence tools. Use awareness tools. 6 x Accountability call
<b>Output</b>	Direction Grounding Commitment Baseline	A clear picture of the life you want and your core drivers.	Set of hidden aims, triggers and blindspots; clarity on the mindset and behaviors required going forward; a new story	Prioritized set of work options and what’s needed for each	Portfolio, map and plan for a ‘crooked path’ that always advances toward your dream	A living path of personal development and rich, aligned work supporting the life you want

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